

Information for Patients

Budesonide foam for the treatment of vulval and vaginal erosive lichen planus

- This treatment has been prescribed by your doctor for your vulval erosive lichen planus.
- The benefits may include a reduction in the level of symptoms (usually pain and possibly itching). They may also reduce the sensation of burning when passing urine (dysuria).
- The side-effects may include minor irritation. If this persists after two weeks, please contact your hospital doctor.
- There are other indications for use in e.g. Ulcerative colitis, *but please do not use them in the anal/back passage area. **For vulval and/or vaginal erosive lichen planus we need to deliver the treatment to the vagina.***
- The drug Budesonide is provided as a box of single use vaginal applicators and a foam canister (Fig 1)
- The drug Budesonide is delivered to the vagina in a foam from the canister (Fig 2).
- The steroid foam is low dose and is absorbed in the vagina area. You should not get any general absorption into the body.
- How to use
 - Attach a single use applicator to the canister (see Fig 3 and 4).
 - Usually lying down, place the soft nozzle of the applicator into the vagina around 3-4 cm (not rectum) with the canister upside down
 - When in place, press down the dome of the canister and release. On release a dose (called a metered dose) of the foam will fill the vagina. There will usually be some leakage from the vagina to wipe away. This is not uncommon.
 - Please then remove the device and lie on the bed for 15 minutes for absorption.
 - Finally, keep the canister and throw away the vaginal applicator.
- The treatment course is given as one metered dose passed into the vagina nightly for two-four weeks, alternate nights for two-four weeks and then twice a week maintenance.
- If you have a good response to treatment, then your doctor might suggest you continue to use the foam on a twice a week maintenance regime.
- There are other indications for use in e.g. Ulcerative colitis, *but please do not use them in the anal/back passage area.*
- If you have any problems or concerns, please contact us.

📞 Colposcopy secretaries: 0161 701 /4455 (option 4, option 1 or 2) / 701 4782

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Fig 1 – Box as supplied



Fig 2- Canister with foam

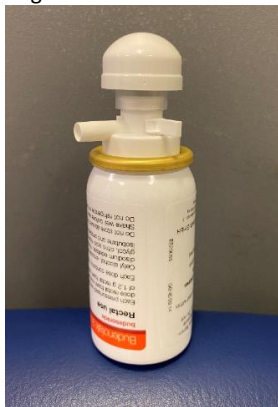


Fig 3- single use applicator



Fig 4 – ready for insertion into the vagina



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Originated by Nottingham University Hospitals Vulval Service and kindly permitted for sharing