



The Central Delivery Unit Saint Mary's Oxford Road

The delivery suite at Oxford Road is an obstetric unit in the hospital, also known as a delivery suit or labour ward.

The central delivery suite is found inside Saint Mary's Oxford Road hospital.

[View our virtual tour of the central delivery unit at Oxford Road.](#)

Who is this birth setting suitable for?



Giving birth on the central delivery unit at Oxford Road may be recommended to pregnant women who need extra support because they have a health condition or problem in their current or previous pregnancy. Also if your baby or babies are expected to need neonatal care straight after birth, for example if they are likely to be born early, then a planned hospital birth may be advised.

How many birth rooms are there and how many have pools?

The delivery suite has 14 spacious birth rooms. 1 room has a birthing pool. There are 4 additional rooms for women with complex obstetric needs. There are 3 obstetric theatres next to the delivery suite.



What are the rooms like?

All rooms are set up with various furniture and facilities designed to help you feel calm, safe and in control such as:

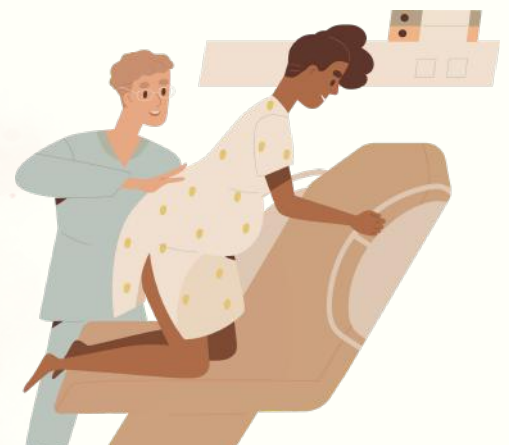
- Soft mood lighting and choice of music
- Birthing aids such as birth balls and birth stools
- Private bathroom with toilet and shower facilities
- A bed
- Equipment for midwives to monitor you and your baby
- Essential emergency medication and equipment should it be needed for you or your baby e.g. if your baby requires any support with breathing following birth (resuscitation).



What pain relief is available?

All types of pain relief offered are available on the central delivery unit at Oxford Road including gas and air, Pethidine or Diamorphine, Remifentanyl and epidural. For more information about each of these see [pain relief in labour](#).

If you wish to use a pool for pain relief in labour then this is possible but only one room has a pool so if it is already in use, you may not be able to use water in labour. If this is important to you, you may wish to consider a different place of birth where a pool is more likely to be available.



What are the birth statistics for central delivery unit at Oxford Road?

Just under 9,000 women give birth at the central delivery unit at Oxford Road every year. The planned caesarean (elective) rate is about 21% and the unplanned caesarean (emergency) rate is about 16%. 14% have an instrumental birth (forceps or ventouse). 49% have an unassisted vaginal birth. 29% of women have their labour induced.



Who can be with you and when?

You can have 2 support people with you during your labour and birth. Please refer to the [visiting.policy](#) information for details on postnatal ward visiting.



How do I get there?

Saint Mary's Oxford Road is located at Saint Mary's Hospital, Oxford Road, Manchester, M13 9WL. [Car parking information.](#)

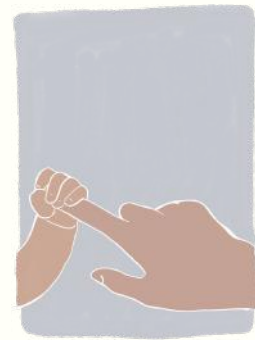
If you are in labour, you need to go to the main Saint Mary's entrance located on the Boulevard and go to triage on the second floor. There is a drop off area at the front of the entrance. The multi storey car park for our Maternity Unit is just off Hathersage Road.

Watch the virtual tour to see where you need to go.

What do people who chose this birth place say about it?

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"I chose to have my baby at Saint Mary's Oxford Road as I have diabetes and was under the specialist team there. I couldn't fault my care and felt listened to and cared for the whole way through".



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What if you want more information?

You can talk to your midwife or doctor, see further resources:

**Obstetric unit in the hospital
Choosing where to have your baby**



Other obstetric units to consider:
The Labour Ward at North Manchester Hospital
Delivery Suite at Saint Mary's Wythenshawe