





The Delivery Suite at St Mary's Wythenshawe

The delivery suite at Wythenshawe is an obstetric unit in the hospital, also known as a labour ward.

The delivery suite is found inside Wythenshawe maternity unit. View our virtual tour of the Delivery Suite at Wythenshawe.



Who is this birth setting suitable for?

Giving birth on the delivery suite at Wythenshawe may be recommended to pregnant women who need extra support because they have a health condition or problem in their current or previous pregnancy. Also if your baby or babies are expected to need neonatal care straight after birth, for example if they are likely to be born early, then a planned hospital birth may be advised.

How many birth rooms are there and how many have pools?

The delivery suite has 8 spacious birth rooms. 1 room has a birthing pool. There are 3 additional rooms for women with complex obstetric needs. There are 2 obstetric theatres next to the delivery suite.



What are the rooms like?

All rooms are set up with various furniture and facilities designed to help you feel calm, safe and in control such as:

- Soft mood lighting and choice of music
- Birthing aids such as birth balls and birth stools
- Private bathroom with toilet and shower facilities
- A bed
- Equipment for midwives to monitor you and your baby
- Essential emergency medication and equipment should it be needed for you or your baby e.g. if your baby requires any support with breathing following birth (resuscitation).

What pain relief is available?

All types of pain relief offered are available on the delivery suite at Wythenshawe including gas and air, Pethidine or Diamorphine, Remifentanil and epidural. For more information about each of these see <u>pain relief in</u> labour.

If you wish to use a pool for pain relief in labour then this is possible but only one room on each labour ward has a pool so if it is already in use, you may not be able to use water in labour. If this is important to you, you may wish to consider a different place of birth where a pool is more likely to be available.



What are the birth statistics for the obstetric unit at Wythenshawe?

Just under 5,000 women give birth at the obstetric unit in Wythenshawe every year. The planned caesarean (elective) rate is about 17% and the unplanned caesarean (emergency) rate is about 19%. 15% have an instrumental birth (forceps or ventouse). 49% have an unassisted vaginal birth. 27% of women have their labour induced.

Who can be with you and when?

You can have 2 support people with you during your labour and birth. Please refer to the <u>visiting policy</u> information for details on postnatal ward visiting.



How do I get there?

Saint Mary's @ Wythenshawe is located at Floats Road, Wythenshawe, Manchester, M23 9LT. <u>Car parking information.</u>

If you are in labour, you need to go to Entrance 13 on the south side of the hospital off Floats Road. There is a drop off area at the front of the entrance. The car park for our Maternity Unit is opposite Entrance 13.

Watch the virtual tour to see where you need to go.

What do people who chose this birth place say about it?



The staff on the delivery
suite at Wythenshawe
looked after me and
reassured me step of the
way, right through until and
eventual forceps birth. I
can't put into words how
much these amazing women,
as well as the wider team
calmed and reassured me.





What if you want more information?

You can talk to your midwife or doctor, see further resources below:

Obstetric unit in the hospital Choosing where to have your baby



Other obstetric units to consider: The Labour Ward at North Manchester Hospital Central Delivery Unit at Saint Mary's Oxford Road