



PATIENT INFORMATION LEAFLET

WARD F16 - INPATIENT MEDICAL MANAGEMENT OF MISCARRAIGE

You have been given this leaflet to provide you with information on admission to Ward F16 for medical management of miscarriage. We understand that coming into hospital for management of miscarriage or retained products of conception can be a worrying and upsetting time for both patients and their families.

We aim to make sure that our patients are well informed prior to their hospital stay, to try and alleviate their anxieties, answer some of their questions and make them aware of what to expect.

WHAT ACTIONS DO I NEED TO TAKE PRIOR TO MY TREATMENT?

You may be able to go home the same day if your treatment works quickly, however there is always a possibility that you may require an overnight stay in hospital due to unforeseen circumstances. e.g.

- The medication may not work same day and there is a small possibility that the medication will not work at all- we may need to re-administer the medication or discuss different management options with you.
- There is a chance that you may bleed heavily or feel unwell during your procedure, we may have to keep you overnight for observations and close monitoring even if you have passed your pregnancy.

It may be useful to bring an overnight bag with toiletries and comfortable clothing.

It is advised that you arrange child/pet care should you need to stay in hospital overnight.

We advise that you may need to take time off work to rest and recover after your admission. We can provide you with a sick note for your employer if required- please ask the nursing team who can arrange this for you.

WHAT CAN I EXPECT ON THE DAY OF TREATMENT?

We will ask you to arrive between 11:00am-11:30am on the day of your procedure and you will be allocated a private (side) room with ensuite facilities.

Please be aware that we have a limited number of private (side) rooms on Ward F16 and sometimes your room may not be available on the day of your procedure. If this happens, we will try and contact you prior to your arrival and arrange for your procedure to take place later in the day.

If you arrive and are not taken to your room on arrival, we will keep you updated regarding how long it will be before you can be admitted to the ward.

You will be assigned to a nurse who will care for you throughout your stay, who will provide you with your medication, monitor your symptoms and progress and provide you with emotional support.

A cannula (a small tube usually placed in your arm or hand inserted with a needle) may be inserted before we start your treatment. This is in case we need to give you medication through your vein, such as painkillers or anti-sickness medication.

CAN I BRING A FAMILY MEMBER OR PARTNER WITH ME?

We recommend that you bring someone with you whether that be a friend, family member or partner.

There are no visiting restrictions, and they can stay with you during your treatment and overnight.

Your relative will be provided with a recliner chair to sleep in if required and will have access to refreshments.

Children are also able to visit Ward F16 whilst you are an inpatient and if this is your wish.

We offer free parking to patient's and their partners who are required to stay overnight for this procedure. Please speak with the nursing team who will provide you with a pass.

We facilitate patients who are breast feeding but recommend your partner looks after your baby throughout the procedure as you may experience unpleasant symptoms that would affect your ability to breast feed.

WHAT BEREAVEMENT SERVICES WILL I HAVE ACCESS TO?

FOOTPRINTS, HANDPRINTS AND PHOTOGRAPHS

We can take photographs of your baby and have facilities to take foot and handprints if you would like a keepsake. It is not always possible to get the perfect prints, but we will always try our best. Please understand that this may not be possible if your baby is not fully developed.

MEMORY BOXES

We offer memory boxes to anyone who would like to keep the memories of their baby. The boxes include a teddy bear, candle, card, book and certificate. You will be offered a memory box prior to your discharge home.

EARLY PREGNANCY LOSS COUNSELLING SERVICE

The emotional impact of losing your baby can be felt immediately or over several weeks. We understand that this is an exceedingly challenging time for you. The nursing team can refer you to the early pregnancy loss counselling service if you feel that you need to talk to someone regarding your loss. Partners can also access this service.

SPIRITUAL CARE

We offer spiritual care to patients that require who wants spiritual care support. It is available for all different religions and beliefs, or you may wish to receive advice from your own faith leader in the community. Staff will ask you about your spiritual or religious needs and can refer you to our chaplaincy service. It may not always be possible to be seen as an inpatient, but our chaplaincy service can call you after your discharge home or prior to your admission.

WHAT HAPPENS NEXT?

Genetic Tests

We offer genetic testing for anyone who has had three consecutive (following each other continuously) or more miscarriages. If you are unsure or want to discuss this further, please speak to the nursing team.

Recurrent Miscarriage

There is recurrent miscarriage service available within Saint Mary's Hospital that we can refer you to if this is your third miscarriage. The service will be able to support you in your next pregnancy.

We would advise that you contact recurrent miscarriage nurses on 0161 276 6571 as soon as you find out you are pregnant for early support.

Histopathology and Respectful Disposal of Pregnancy Remains

You will be offered information leaflets about histopathology and respectful disposal. We will give you time to read it and discuss with your family.

The nurse or doctor will discuss your options with you and complete consent forms depending on the options you have chosen.

If you have opted to collect your pregnancy remains after testing, you will be provided with a leaflet with contact email if you want update on the collection dates.

Post Mortem

This option is only available to anyone over 12 weeks and if your baby is fully formed. This option is not available if it is products of conception without your baby.

If you opt for a post-mortem for your baby, the medical team will discuss the next steps with you and pros/cons of this procedure.

If you require any further information or clarification, including clarification of terminology, please do not hesitate to talk to one of the doctors or nurses, who will be happy to discuss your concerns with you.

CONTACT DETAILS

0161 291 5060 – Ward F16

0161 291 2561 – Emergency Gynaecology Unit



Located at Wythenshawe Hospital (enter via entrance 15)

0161 276 6571 – Early Pregnancy Loss Specialist Nurse



<https://www.mft.nhs.uk/>



Please scan the QR code to access further support and information leaflets