



Saint Mary's Managed Clinical Service
Division of Gynaecology

PATIENT INFORMATION LEAFLET

MIFEPRISTONE FOR TERMINATION OF PREGNANCY

This leaflet aims to give you information regarding the medication Mifepristone. Mifepristone tablets are taken orally and are used for the first stage of medical termination of pregnancy. It may also be used before surgical termination of pregnancy to soften and open the cervix (neck of the womb) to make the surgery easier and safer.

The effects of mifepristone in termination of pregnancy are not reversible.

If there is anything you are unsure of then please contact a member of the Whitworth Clinic team in working hours or the Emergency Gynaecology Unit Out of Hours. You can find their contact details at the end of this leaflet.

MIFEPRISTONE FOR MEDICAL TERMINATION

Mifepristone tablet will be given to you to take in the clinic (first stage) This blocks hormones to the pregnancy and prepares the womb for the second stage of the procedure.

You have taken the mifepristone tablet at:

Date..... Time.....

The second stage of the procedure involves taking misoprostol. These tablets help the womb contract and allow the neck of the womb (cervix) to soften and open to pass the pregnancy tissue. They should be taken between 36-48hours after taking Mifepristone.

Your second stage inpatient treatment will take place on:

Date..... Time..... at Ward 62, Saint Mary's Hospital

MIFEPRISTONE BEFORE SURGICAL TERMINATION

Your procedure will take place on;

Date..... Admission Time..... at Ward F16, Wythenshawe Hospital.

ARE THERE ANY SIDE EFFECTS OF MIFEPRISTONE?

At home you may carry on with your normal activities.

After taking the mifepristone, you may experience the following:

- Nausea and vomiting is uncommon, **however if you vomit within two hours of taking the mifepristone it is important that you contact the hospital and speak to a nurse. You may need to return and take another tablet.**
- Allergic reaction, although this is uncommon
- Slight dizziness/ feeling faint or feeling feverish.
- Headaches or Skin rashes
- Vaginal spotting, bleeding or cramping. If necessary, take paracetamol and/or codeine to help with the pain (you must not take pain relief that contains Aspirin or Ibuprofen as these can increase the risk of bleeding heavily).
- In very rare cases, you may pass the pregnancy or pregnancy tissue (depending on your gestation) before your second stage of medical treatment or planned surgery. The team understand that this can be distressing and therefore advise **should you experience any heavy bleeding, passing blood clots or contraction type pain you call for advice straight away on the following emergency numbers below or attend your nearest A&E department.**

For routine advice please contact the Whitworth Clinic within hours or the Emergency Gynaecology Unit.

CONTACT DETAILS

The Whitworth Clinic

 (0161) 276 6283 Monday/Friday: 08:00-17:00 Tuesday/Wednesday/Thursday: 08:00-19:00

If no one available to take your call, please leave a message and your call will be returned as soon as possible, **if urgent please contact emergency number below or attend your nearest A&E.**

Emergency Gynaecology Unit (EGU)

 Ward F16 Wythenshawe Hospital (0161) 291 2561 (24 hours 7 days a week)

Gynaecology Ward 62

 Saint Mary's Hospital (0161) 276 6105 (0161) 701 8548 (24 hours 7 days a week)

USEFUL ADDRESSES AND CONTACT NUMBERS

NHS

Information and advice about sexual health, including contraception and sexually transmitted infections (STIs)

www.nhs.uk/live-well/sexual-health/

Sexwise

Sex and Contraception advice

www.sexwise.org.uk

Brook

Sex and contraception advice

Online advice

www.brook.org.uk

Face to face clinics available for young people, please check the website for more details of your local clinic and age restrictions

The Northern Contraception, Sexual Health and HIV Service

(0161) 701 1555

www.thenorthernsexualhealth.co.uk

NHS 111

For urgent medical concerns dial 111 (24 hours)

National Sexual Health Helpline

Talk to someone about a sexual health issue in strict confidence.

0300 123 7123 (Monday - Friday 9.00 am – 8.00 pm)

<https://www.nhs.uk/worhtalkingabout>