



Saint Mary's Managed Clinical Service
Division of Gynaecology

PATIENT INFORMATION LEAFLET

MIFEPRISTONE FOR TERMINATION OF PREGNANCY

This leaflet aims to give you information regarding the medication Mifepristone. Mifepristone tablets are taken orally and are used for the first stage of medical termination of pregnancy. It may also be used before surgical termination of pregnancy to soften and open the cervix (neck of the womb) to make the surgery easier and safer.

The effects of mifepristone in termination of pregnancy are not reversible.

If there is anything you are unsure of then please contact a member of the Whitworth Clinic team in working hours or the Emergency Gynaecology Unit Out of Hours. You can find their contact details at the end of this leaflet.

MIFEPRISTONE FOR MEDICAL TERMINATION

Mifepristone tablet will be given to you to take in the clinic (first stage) This blocks hormones to the pregnancy and prepares the womb for the second stage of the procedure.

You have taken the mifepristone tablet at:

Date..... Time.....

The second stage of the procedure involves taking misoprostol. These tablets help the womb contract and allow the neck of the womb (cervix) to soften and open to pass the pregnancy tissue. They should be taken between 36-48hours after taking Mifepristone.

Please take the misoprostol tablets (second stage) as instructed at;

Date..... Time.....

MIFEPRISTONE BEFORE SURGICAL TERMINATION

Your procedure will take place on;

Date..... Time..... at Wythenshawe Hospital.

Please swallow the mifepristone tablet with some water in the evening on;

Date..... Time.....

ARE THERE ANY SIDE EFFECTS OF MIFEPRISTONE?

After taking the mifepristone, you may experience the following:

- Vaginal spotting, bleeding or cramping. If necessary, take paracetamol and/or codeine to help with the pain (you must not take pain relief that contains Aspirin or Ibuprofen as these can increase the risk of bleeding heavily).
- Feeling faint
- Nausea and vomiting is uncommon, however if you vomit within two hours of taking the mifepristone it is important that you contact the hospital and speak to a nurse. You may need to return and take another tablet.
- Allergic reaction, although this is uncommon
- Slight dizziness or feeling feverish.
- Bleeding. In rare cases, the passage of pregnancy tissue may occur quickly before the second stage of the treatment has commenced. If you are concerned you may have passed any pregnancy tissue or if your bleeding is heavy, then please contact the Whitworth clinic in working hours (or the emergency gynaecology unit out of hours) see contact numbers at the bottom of this page as we may wish to see you before you take the second stage of medication

At home you may carry on with your normal activities. If you are concerned about your physical symptoms, in particular pain or heavy bleeding, then please contact the clinic, ward or emergency gynaecology unit.

CONTACT DETAILS

The Whitworth Clinic



(0161) 276 6283 (Monday – Friday) If there is no one available to take your call, please leave a message and your call will be returned as soon as possible or if urgent contact the Emergency Gynaecology Unit.

Emergency Gynaecology Unit (EGU)



Ward F16 Wythenshawe Hospital (0161) 291 2561 (24 hours 7 days a week)

Gynaecology Ward 62



Saint Mary's Hospital (0161) 276 6105 (0161) 701 8548 (24 hours 7 days a week)

USEFUL ADDRESSES AND CONTACT NUMBERS

NHS

Information and advice about sexual health, including contraception and sexually transmitted infections (STIs)

www.nhs.uk/live-well/sexual-health/

Sexwise

Sex and Contraception advice

www.sexwise.org.uk

Brook

Sex and contraception advice

Online advice

www.brook.org.uk

Face to face clinics available for young people, please check the website for more details of your local clinic and age restrictions

The Northern Contraception, Sexual Health and HIV Service

(0161) 701 1555

www.thenorthernsexualhealth.co.uk

NHS 111

For urgent medical concerns dial 111 (24 hours)

National Sexual Health Helpline

Talk to someone about a sexual health issue in strict confidence.

0300 123 7123 (Monday - Friday 9.00 am – 8.00 pm)

<https://www.nhs.uk/worhtalkingabout>