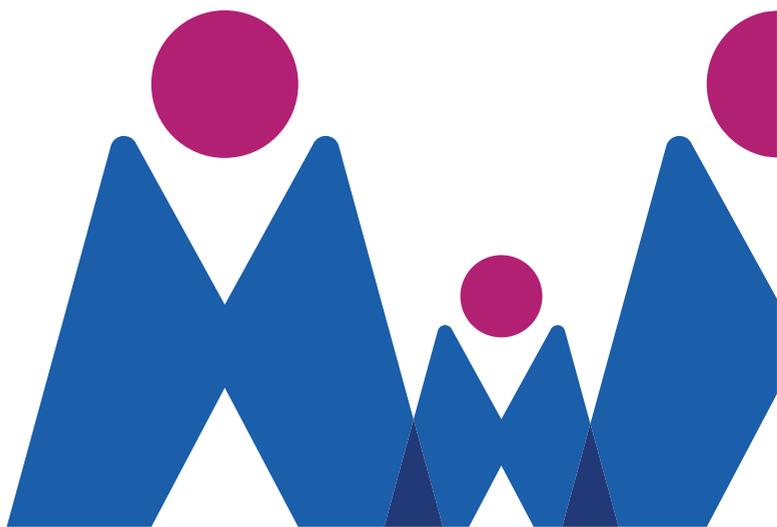




Manchester University
NHS Foundation Trust

Welcome to Ward F16 Emergency Gynaecology Ward



A Message from the Team

We understand that coming to hospital in an emergency can be a deeply emotional and worrying time, especially if you are experiencing a miscarriage or other urgent gynaecological conditions. On Ward F16, we are here not only to provide expert nursing care but also to support you with compassion, dignity, and kindness.

About Ward F16

Ward Name: F16 - Emergency Gynaecology

Location: Entrance 15, 1st Floor Wythenshawe Hospital

Specialty: Emergency care for women experiencing gynaecological complications, including miscarriage, ectopic pregnancy, pelvic pain, and heavy bleeding.

Ward Manager: Sarah Mulvey

Contact Number: 0161 291 5060

Visitors

We encourage the support of loved ones. If you require further support please speak with a member of the nursing team who will help.

Visiting Hours: 10.30hrs – 19.30hrs

Partners and Family: We understand the importance of having your partner or a loved one with you, particularly during difficult times.

Quiet Time: We may ask for quiet periods to support rest and emotional wellbeing for all patients.

Who Will Be Looking After You

During your time in hospital you may meet some of the following professionals including:

- Gynaecology Consultants, Junior Doctors and ACP's (Advanced Clinical Practitioners)
- Gynaecology Specialist Nurses
- Medical and Nursing Students
- Healthcare Assistants
- Bereavement Support
- Ward Clerks and Domestic Staff

All staff wear ID badges and uniforms – please ask if you are unsure who anyone is.

Your Care on the Ward

Ward Rounds:

You will be reviewed regularly by the medical team throughout your admission.

Ward rounds commence daily at 08.45am

Medications and Pain Relief: Your nursing team will monitor your medication and pain relief throughout your admission. Please let us know if you are in pain or need help with medication. For safety reasons any personal medication brought with you will be locked away in individual pod lockers.

Personal Hygiene:

Personal hygiene packs with essentials are available for you if needed. Please ask a member of nursing staff.

Call Bells:

Please don't hesitate to use your call bell if you need any

help. We understand symptoms like bleeding or strong pain relief can affect your balance and make it harder to move around safely. We're here to support you.

What Happens Next

Depending on your condition, you may:

Be discharged home with support and advice

Stay overnight for monitoring or treatment

Be referred for further investigation or surgery

Be offered follow-up at the Emergency Gynaecology Unit or Outpatient clinic

We will explain every step and ensure you feel informed and supported.

Active Hospitals Initiative

At Manchester University NHS Foundation Trust, we are part of the Active Hospitals Initiative, a national programme designed to help patients stay as mobile and independent as possible during their hospital stay.

Staying active, even in small ways, can help improve recovery, reduce complications, and support your overall wellbeing. Depending on your condition, this may include:

Gentle movement or short walks with support

Simple in-bed or chair-based exercises

Encouragement to sit out of bed for meals

Guidance from nursing staff to maintain mobility safely

Our team will work with you to identify the level of activity that is safe and appropriate for you. We will support you to keep moving in whatever way you can to help aid your recovery and prepare for going home.

Personal Items

Please bring only essential belongings. The ward cannot accept responsibility for valuables.

Mealtimes and Nutrition

When you're feeling unwell, it's common to lose your appetite but nutrition and hydration are essential parts of your recovery. Even small amounts of food or fluids can help support your body as it heals.

On Ward F16, we prioritise your nutritional care and create a calm, focused environment around mealtimes:

Breakfast: from 8:00 AM

Lunch: from 12:00 PM

Dinner: from 5:00 PM

We also offer drinks and light snacks between meals. Please let us know if you have any allergies, dietary needs, or food preferences and we will do our best to accommodate you.

Protected Mealtimes:

We observe protected mealtimes, which means staff minimise interruptions during meals so you can eat in a relaxed and supportive environment. We kindly ask that visitors and non-essential activity pause during these times.

We encourage you to sit out of bed at mealtimes if you feel able to, as this can help with appetite, digestion, and overall wellbeing. If you need assistance, just let us know, we are here to help.

If you're struggling to eat or drink, please speak with a nurse — we may be able to offer alternatives or support from our dietitian.

Please speak with the nurse in charge if you need special arrangements.

Privacy and Observation

Your privacy and dignity are very important to us. However, to ensure your safety and wellbeing:

Curtains will remain open during your stay to allow nursing staff to observe and monitor your condition effectively.

Nursing in the bays (rather than from a central station) means our team is right there with you - ready to provide comfort, answer questions, and respond quickly if your condition changes.

We find that many patients feel more reassured knowing their nurse is nearby and available for immediate support.

If at any time you would prefer additional privacy or a quiet moment alone, please let us know - we will always do our best to accommodate your needs.

Night-time on Ward F16

We'd like to apologise in advance if your rest is disturbed during the night. Ward F16 is an emergency ward, and unfortunately, night-time admissions can sometimes make the ward a little noisier than usual.

Please know that we do our very best to keep noise to a minimum, but this isn't always possible. If you're having trouble sleeping, sleep packs are available — just ask a member of the nursing team and we'll be happy to help.

We also kindly ask that mobile phone use is limited after 10:30 p.m. and that devices are kept on silent. If you need to use your phone during unsociable hours, please speak with a member of staff who can arrange a suitable place for you to make a telephone call.

What matters to you, Feedback and Concerns

Each day, the nursing team will take a moment to ask what's important to you. We understand that your needs and feelings can change regularly while you're in hospital, and we want to make sure we're supporting you in the best way possible.

We welcome your feedback and want to hear your concerns. Please speak to:

The nurse in charge

The ward manager

Or contact PALS (Patient Advice and Liaison Service) at:
pals@mft.nhs.uk or telephone 0161 276 8686



Contact Details

Ward Reception: 0161 291 5060

Hospital Name:

MOST IMPORTANTLY

♥ You're Not Alone ♥

Whether you're with us for a few hours or a few days, please know that we are here to care for you with sensitivity and respect. If there's anything you need emotionally, physically, or spiritually - please let us know.

Ward F16, Wythenshawe Hospital

Address:

Entrance 15, Southmoor Road,
Wythenshawe, Manchester M23 9LT

