

Care Advice For Patients Following Adult Cochlear Implantation

Manchester Royal Infirmary



Care Advice For Patients Following Adult Cochlear Implantation

The following will help to explain what will happen following your operation:

- Antibiotics are routinely given during on the day of surgery and post op doses are prescribed to take home. Further antibiotics are not required.
- 2. Some dull ear pain is expected. Paracetamol or ibuprofen will be given as needed and these will relieve any discomfort.
- 3. You should not wash your hair for 7 days after the operation, and try to keep the incision clean and dry for one week. The best way to avoid getting the ear wet while washing your hair is to ask someone else to wash it while you protect the ear.
- You may have a sticky dressing over the wound. This will peel off itself or will be removed by the surgeon at the post-operative check.

- 5. If any of the following should occur, please call the implant unit on the number below (Monday to Friday: 9.00 am to 5.00 pm). Tel: (0161) 701 6931.
- Worsening pain
- Fever or high temperature (above 38°C/100°F)
- Pus from the ear or incision
- Redness around the incision
- Swelling around the incision or over the implant (behind and above the ear)

If you have a problem out of hours you will need to see an out of hours GP or go to the Accident and Emergency Department.

- 6. Some people feel dizzy or off-balance and may be sick after the operation. If this is the case, you will be given some antisickness tablets to take home that will help your symptoms. The symptoms usually get better over the first few days.
- 7. Sometimes people find their tinnitus (ringing in the ear) gets worse after the operation. This usually settles within a few weeks.
- 8. Because the nerve for taste passes through your ear, it is not unusual for your taste sensation to be altered for several weeks or months. You may experience a 'tinny' or 'metallic taste'. This usually settles over a few weeks.
- You may experience some numbness in your outer ear and the incision area. This is normal, and most of the numbness will be expected to fade over a period of time.
- 10. You may need to take about two weeks off work.

- 11. Appointments will be made for a check-up with the surgeon and an x-ray about a week after the operation.
- 12. Activation of the implant will be arranged about four weeks after the operation.
- 13. We recommend that you wait 4 weeks after surgery before going swimming or participating in sports activities. This gives the soft tissues time to heal.
- 14. Further safety advice about cochlear implants is available on the British Cochlear Implant Group website at: www.bcig.org. uk/safety

If you have any concerns please contact the cochlear implant office on (0161) 701 6931 or e-mail auditory.implant@mft.nhs.uk

No Smoking Policy

Please protect our patients, visitors and staff by adhering to our no smoking policy. Smoking is not permitted in any of our hospital buildings or grounds, except in the dedicated smoking shelters in the grounds of our Hospital site.

For advice and support on how to give up smoking, go to www.nhs.uk/smokefree.

Translation and Interpretation Service

It is our policy that family, relatives or friends cannot interpret for patients. Should you require an interpreter ask a member of staff to arrange it for you.

تنص سياستنا على عدم السماح لافر اد عائلة المرضى او اقاربهم او اصدقائهم بالترجمة لهم. اذا احتجت الى مترجم فيرجى ان تطلب ذلك من احد العاملين لير تب لك ذلك.

ہماری یہ پالیسی ہے کہ خاندان ، رشتہ دار اور دوست مریضوں کےلئے ترجمہ نہیں کرسکتے۔ اگرآپ کومترجم کی ضرورت ہےتو عملے کےکسی رُکن سے کہیں کہ وہ آپ کےلئے اس کا ہندوبست کردے۔

ইহা আমাদের নীতি যে, একজন রোগীর জন্য তার পরিবারের সদস্য, আত্মীয় বা কোন বন্ধু অনুবাদক হতে পারবেন না। আপনার একজন অনুবাদকের প্রয়োজন হলে তা একজন কর্মচারীকে জানান অনুবাদকের ব্যবস্থা করার জন্য।

Nasze zasady nie pozwalają na korzystanie z pomocy członków rodzin pacjentów, ich przyjaciół lub ich krewnych jako tłumaczy. Jeśli potrzebują Państwo tłumacza, prosimy o kontakt z członkiem personelu, który zorganizuje go dla Państwa.

Waa nidaamkeena in qoys, qaraaboamasaaxiiboaysanu tarjumikarinbukaanka. Haddiiaad u baahatotarjumaankacodsoxubinka mid ah shaqaalahainaykuusameeyaan.

我们的方针是,家属,亲戚和朋友不能为病人做口译。如果您需要口译员,请叫员工给您安排。







www.mft.nhs.uk

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