

# **Patient Pathway** **Journey through health and social care**

A toolkit to support your inter-professional  
experience (IPE)



## **Introduction**

This tool is designed to encourage learners to gain an insight into the different services and professions involved in patient care. It aims to support learners in identifying services/professions involved in the care of patients looked after in their placement area. By gaining experience of these services/professions, learners will achieve a greater understanding of holistic care, the importance of communication and be able to recognise how local and national initiatives impact on the individual patient journey.

The tool requires learners to track a patient's journey through health and social care identifying services/professions they will come into contact with along the way. The patient's journey starts when they access health care services and finishes when they no longer require health and social care input (this may be after discharge from hospital services).

## **What is Interprofessional working?**

One definition of Interprofessional working is:

*"The process whereby members of different professions and/or agencies work together to provide integrated health and/or social care for the benefit of service users." (Pollard, 2005)*

**Interprofessional Experiences happens all day every day in Health & Social Care and can involve all of the following:**

- > Nurses
- > Nursing assistants
- > Trainee Nursing Associates
- > Medical staff
- > Physiotherapist
- > Occupational Therapist
- > Speech & Language Therapist
- > Rehab Assistants
- > Social workers
- > Complex discharge team
- > Ward Clerk
- > Dietician
- > Domestic Staff
- > Psychologist
- > Specialist nurses
- > Student Nurses, Student Physiotherapist, Student Occupational Therapist

### **How to use the tool**

1. In conjunction with your mentor/practice educator identify a patient from your practice placement area that will allow for optimal exposure to interprofessional Experiences.
2. Choose a toolkit from the following pages and use this toolkit to identify what services and professionals your patient will access during their journey.
3. Complete your chosen toolkit in relation to your patient.
4. Use the toolkit to support discussions about this patient with other staff and professionals within your placement.
5. Discuss with your mentor/practice educator which of the identified services/professions are appropriate to spend some time with. Contact the agreed services/professions to arrange your visit, explaining how it will help your learning and understanding of the services your patient requires. Reflect on these experiences.

### **Consider the following points when completing your chosen patient pathway tool kit:-**

- What services are involved (NHS, Independent and Voluntary sector)?
  - What care is offered, treatments, clinical service, Evidence Based Practice?
  - What professions are involved or work within those services?
  - What quality monitoring processes in place within the services to measure quality?
  - What national and or local policy and procedures need to be followed?
6. Discuss your completed toolkit and any reflections with your mentor/educator
  7. Complete the reflection template at the back of this toolkit and ensure your mentor/educator signs your certificate of completion
  8. Use your completed toolkit to direct further learning or interprofessional experiences during your time on this placement, future placements and throughout your professional career.

**It is useful to leave a copy of the completed pathway tool as a resource for future learners.**

## Toolkit 1 - Activities of Daily Living

*Guided by Roper, Logan, Tierney Model Activities of Daily Living (1998), you will be able to follow a patient's journey, and seek the multi-disciplinary teams involved in their care.*

### Maintaining A Safe Environment

**Do these services link to your patients care? If so how? Can you think of anymore?**

Occupational Therapists, Physiotherapists, Infection Control, Tissue Viability, Safeguarding Team, ENT, GP, Consultant, podiatry, continence team.

### Communication

**Do these services link to your patients care? If so how? Can you think of anymore?**

ENT, Speech and Language, Interpreter service, Safe guarding team, Psychologists.

### Breathing

**Do these services link to your patients care? If so how? Can you think of anymore?**

COPD Team, Smoking Cessation, Chest Physiotherapy, Asthma Clinics, Respiratory team.

### Eating and Drinking

**Do these services link to your patients care? If so how? Can you think of anymore?**

Dietician, Speech and Language Therapists, Occupational therapists, Mental health team, Psychologists, Nutrition Nurses

### Elimination

**Do these services link to your patients care? If so how? Can you think of anymore?**

Continence team, Occupational Therapists, infection control, Tissue viability.

**Washing And Dressing**

**Do these services link to your patients care? If so how? Can you think of anymore?**

Occupational therapists, Physiotherapists, Infection control, Tissue viability, Podiatry

**Controlling Temperature**

**Do these services link to your patients care? If so how? Can you think of anymore?**

Occupational therapists, Consultant, Pharmacist

**Mobilising**

**Do these services link to your patients care? If so how? Can you think of anymore?**

Physiotherapy, psychology, social care, equipment, Paramedics

**Working and Playing**

**Do these services link to your patients care? If so how? Can you think of anymore?**

Activity coordinator, social work, safeguarding team, complex discharge team, learning disabilities team

**Expressing Sexuality**

**Do these services link to your patients care? If so how? Can you think of anymore?**

Sexual health team, Chaplin, Psychologists, Consultants.

**Sleeping**

**Do these services link to your patients care? If so how? Can you think of anymore?**

Consultant, Pharmacist, Psychologist, Operating Department Practitioner

### **Death and Dying**

**Do these teams link to your patients care? If so how? Can you think of anymore?**

Chaplin, Spiritualist, Palliative care team, McMillan, specialist nurses

### **Medications**

**Do these teams link to your patients care? If so how? Can you think of anymore?**

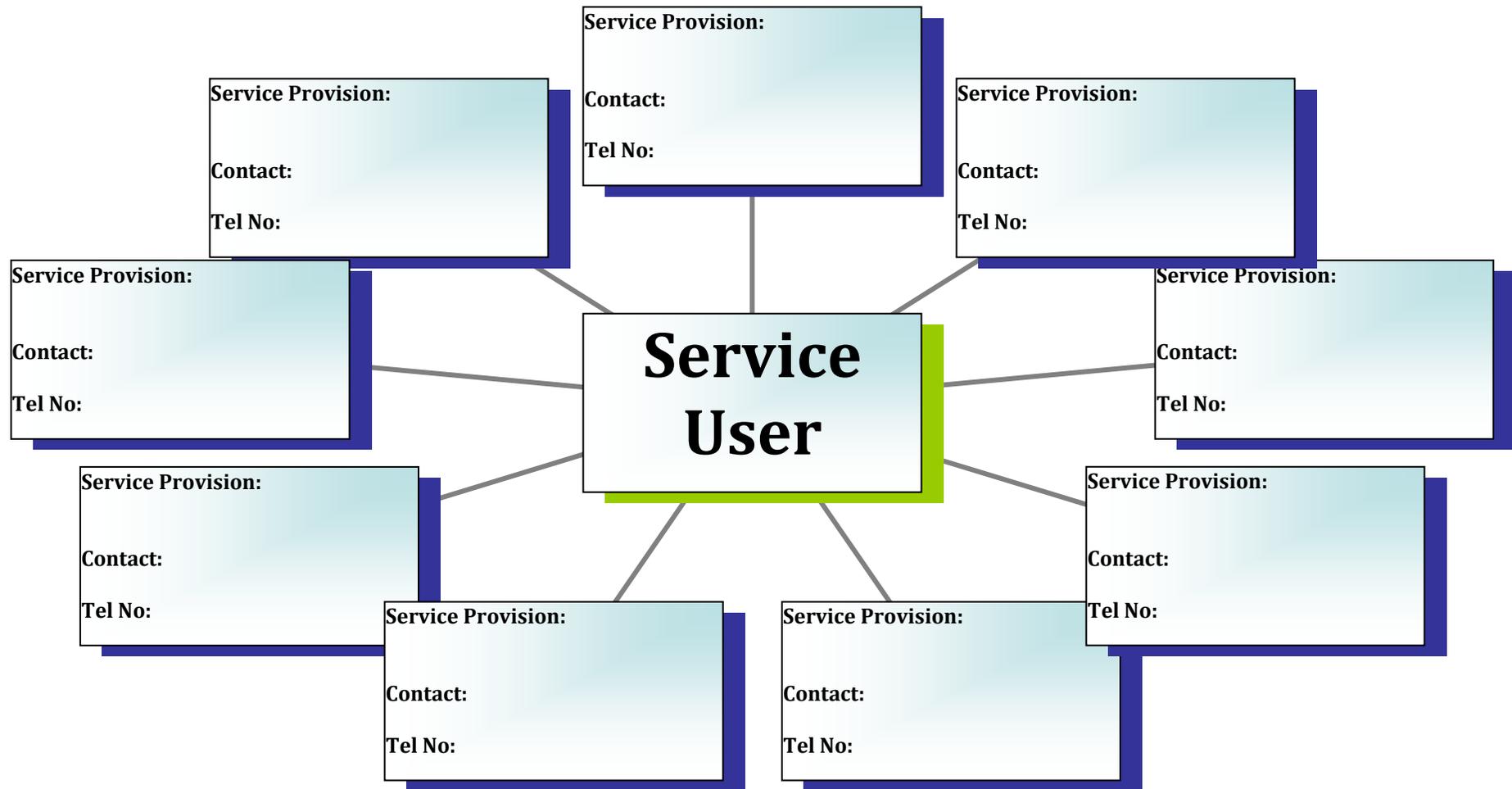
GP, Consultant, Pharmacist, Specialist teams, Speech and Language, nutrition Nurse, diabetes team

### **Meetings**

**Ask your mentor and attend the meetings relevant to your patient:**

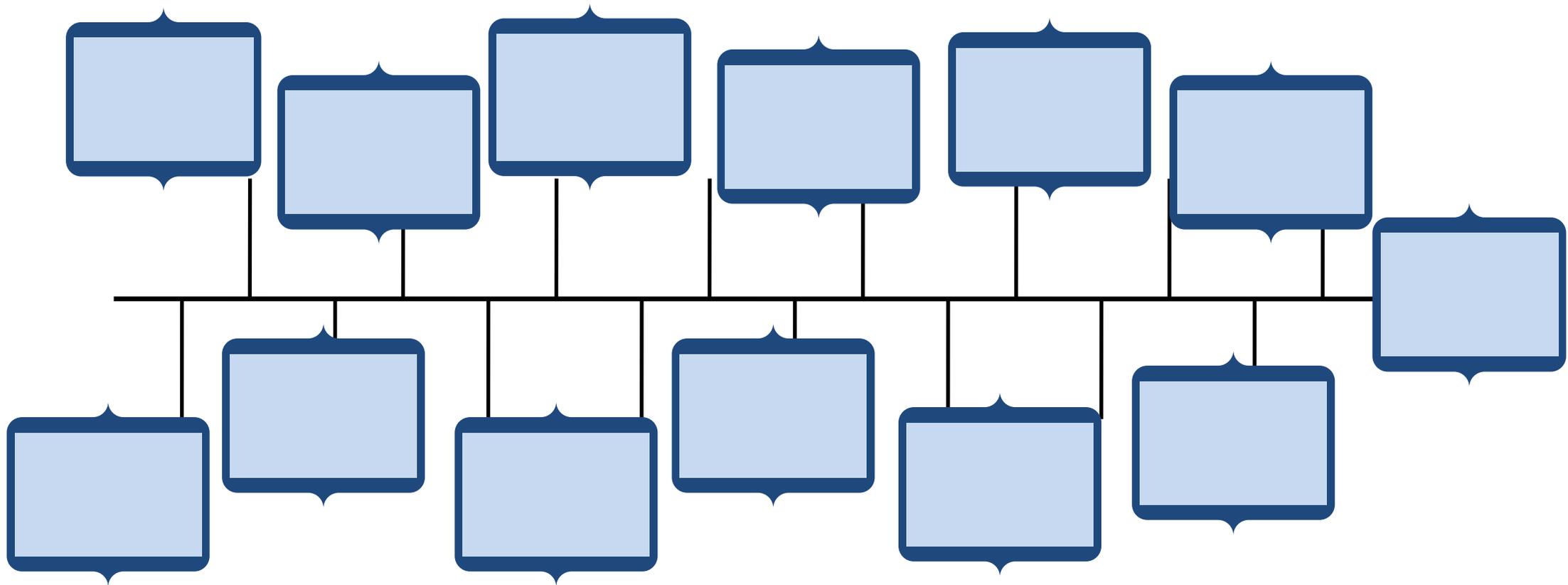
Multidisciplinary team meetings, ward rounds, Family meetings, best interest meetings, capacity meetings, Therapy goal setting meetings, complex discharge meetings, and discharge planning meetings

# Toolkit 2 - Mapping Services involved in patient care



Template To Identify Services and Healthcare Professionals Involved in the Service User Care.

## Toolkit 3 – Patient Timeline – Identifying a Patients Journey





# Reflective Account

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Please describe What care is offered, treatments, clinical service, Evidence Based Practice?

What Did you Learn from the Experience?

What professions are involved or work within those services? How do the members of the multi professional team work together?

How will this Interprofessional experience affect your future practice?

How does this experience support you to work towards your Regulatory Body Standards?

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# *Interprofessional Experience Champion*

*This Certificate Is Awarded to*

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*In recognition of understanding and championing every day Interprofessional experiences within the health care setting.*

Date.....  
Area.....  
Signed.....  
(Mentor/ Educator)