

RMCH Neuromuscular Clinic

Most of us come out after clinic and say:



Write down your two or three most important questions and show this to your team:

Things you may want to ask about...


- | | |
|---|---|
| <input type="checkbox"/> Your condition | <input type="checkbox"/> Using splints |
| <input type="checkbox"/> Medication | <input type="checkbox"/> Exercise and stretches |
| <input type="checkbox"/> Alert cards | <input type="checkbox"/> Doing daily activities |
| <input type="checkbox"/> Test results | <input type="checkbox"/> Housing and equipment |
| <input type="checkbox"/> Eating and sleeping | <input type="checkbox"/> Sports and hobbies |
| <input type="checkbox"/> Feeling sad or anxious | <input type="checkbox"/> DLA and Blue badge |
| <input type="checkbox"/> Getting around | <input type="checkbox"/> Your future |
| <input type="checkbox"/> Support at school | <input type="checkbox"/> Moving to adult services |

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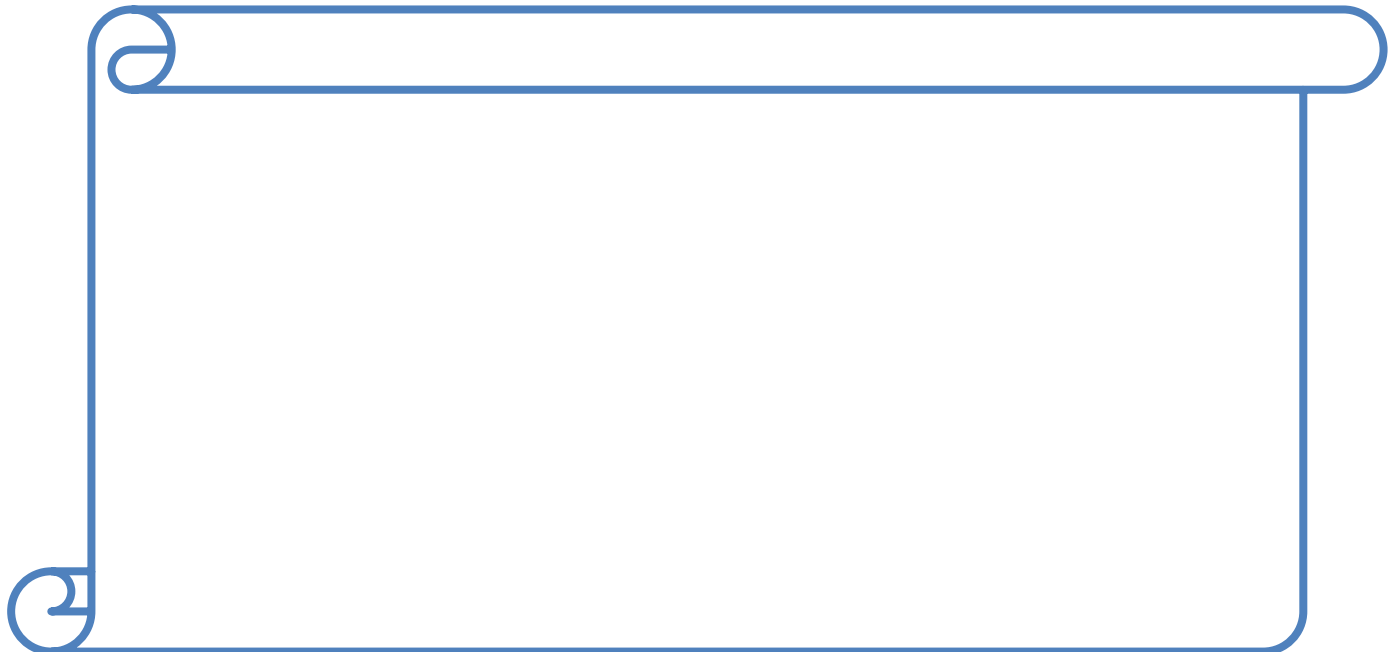
Date:

DURING YOUR APPOINTMENT:

Things that were discussed during the appointment:



Any agreed actions or follow up plans:



My next appointment is in ____ month's/ year's time.