**School Health Plan for the management of seizures**

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| **Pupil’s Name:** |  |
| **Nursery/School**  **College:** |  |

Emergency Contact

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| **Name:** | **Relationship:** | **Contact details:** |
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**Consultant/Hospital Contact:**

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| **Consultant Paediatrician:** | **Paediatric Epilepsy Specialist Nurse:**  **Carolyn Taylor/Kirsty Carroll**  **Children’s Community Team - Manchester**  **Charlestown Road, Blackley** |
| Tel No: | Tel No: 0161 741 2032 |

**Description of what usually happens during a seizure** (incl. triggers; length; frequency ;recovery):

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**Activities and support that require special precautions (include water safety, road safety and heights)**

Pupils must have a spotter at the side of the pool (this must be an additional member of staff) when swimming with school

Pupils should avoid climbing heights whist on school premises

Road safety must be adhered to at all times

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| **First Aid:**   |  | | --- | | bd10265_ Stay Calm  bd10265_ Loosen any tight clothing around the neck  bd10265_ Protect the pupil from injury (remove sharp or hard objects from nearby or guide them away from danger if they are having a partial seizure  bd10265_ Cushion the pupil’s head if they fall down  bd10265_ Aid breathing by gently placing the pupil on their side if they have fallen, after the seizure has stopped  bd10265_ Stay with a pupil until they are fully recovered  bd10265_ Constantly reassure the pupil throughout the seizure  bd10265_ If the pupil does not recover after 5 minutes dial 999 or administer Rescue Medication (i.e. Buccal Midazolam or Rectal Diazepam) if available  **Don’t……...**    bd10265_ Try to restrain the pupil having the seizure  bd10265_ Put anything in the pupil’s mouth or force between their teeth  bd10265_ Try to move the pupil unless he/she is in danger  bd10265_ Give the pupil anything to drink until he/she is fully recovered | |  | |
| **Describe what constitutes an emergency for the pupil and the action to be taken if this occurs:**   |  | | --- | | It is a medical emergency if the seizure for more than 5 minutes  In these circumstances Buccolam ( mg) should be administered by a person who has been trained in the administration of Buccal Midazolam (BUCCOLAM) and parents should be contacted.  If the seizure continues for more than 5 minutes after the administration of Buccolam an ambulance must be called (999)  An ambulance should also be called if an injury is sustained during the seizure; has breathing difficulties or inhales water. | | |
| **Follow up care:**   |  | | --- | | Do not move unless in immediate danger and it is safe to do so.  Place in a recovery position once the seizure is over.  Make comfortable and allow time to recover.  Give reassurance and allow to sleep if necessary.  Do not leave alone unless fully recovered.  Do not give anything to eat or drink until fully recovered.  After the seizure repeat any instructions or events that may have missed or misinterpreted. | | |
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| **Arrangements for school trips** | |
| * Keep midazolam as part of a kit with appropriate equipment and paper work * Medication should be looked after by the member of staff who has the responsibility for administering the rescue treatment. * Rescue treatment should never be left unattended * Parents should not attend school trips to support their own child   **Additional advice and support:**  **Treatment Plan:**   |  | | --- | | **Potential side effects of Buccal Midazolam:**   * drowsiness * amnesia/short term memory loss /confusion * breathing difficulties (respiratory depression / respiratory arrest) * restlessness or agitation * muscle weakness * low mood / depression | | **Precautions:** under what circumstances should buccal midazolam not be used:  If another benzodiazepine has been administered  If there is no one who has been trained with the administration of Buccal midazolam or there are difficulties with administering the Buccal Midazolam.  The first time Buccal Midazolam is given an ambulance should be called before administration. If patient has received the rescue medication before an ambulance is not necessary unless the seizure continues more than 5 minutes after administration with no signs of stopping.  **Storage of rescue treatment:**   * It should be stored in the original container, as supplied by the pharmacy * Storage conditions should ensure: security, free from contamination and prevent deterioration by humidity, light, extremes of temperature or exposure to other substances * The storage cupboard should not be used for other items such as money, valuables, food or specimens * Stock and expiry dates should be checked on a regularly | | **Under what circumstances can a Second Dose of BUCCOLAM be Administered:**  **NEVER** within the community setting  **(There is an increased risk of respiratory depression when more than 2 doses of benzodiazepine are given. It is therefore recommended that one dose is given and that an ambulance (999) is called if the initial dose is not effective.)** | | |
| **Parent/Guardian Consent:**   |  |  | | --- | --- | | **Name and Address:** |  | | **Relationship To Pupil:** |  |   I agree and consent to staff who have had training from the Epilepsy Nurses to administer Midazolam in accordance with this plan.  I understand that I must deliver the medicine personally to an agreed member of staff and accept that this is not a service that school is obliged to undertake.  I understand that it is my responsibility to ensure that the medication is in date and will replace it prior to the expiry date. I understand that it is my responsibility to inform staff is there are any changes to the care plan that have been advised by the Epilepsy Team (i.e. change to dose or no longer required)  I understand that it is the judgment of the trained member of staff to follow the healthcare plan and accept their decisions are made with the child’s best interest, to maintain their safety whilst in attendance in nursery/school/college/respite/child minder.   |  |  | | --- | --- | | **Signature(s):** |  | | **Date:** |  | |  | |
| **This plan has been agreed by:**   |  |  |  | | --- | --- | --- | | **Epilepsy Specialist Nurse:** | Carolyn Taylor NMC no. 91DO714E  Kirsty Carroll NMC No. 09H1646E | Signature and date: | | **Parent/Guardian:** |  |  | | **Education Staff Member:** |  |  | |  | |

Annual updates by the School Health Team

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| **Date** | **Comments** | **Parents Signature** | **Nurse Signature** |
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The school health team are in no way responsible for the prescribing of regular medications or rescue treatment.

It is vital that if School Health or the Education Team have any concerns that they report the issues to the Children’s Epilepsy Team so that further assessment can be made.