

St Mary's Centre



Sexual Assault Referral Centre

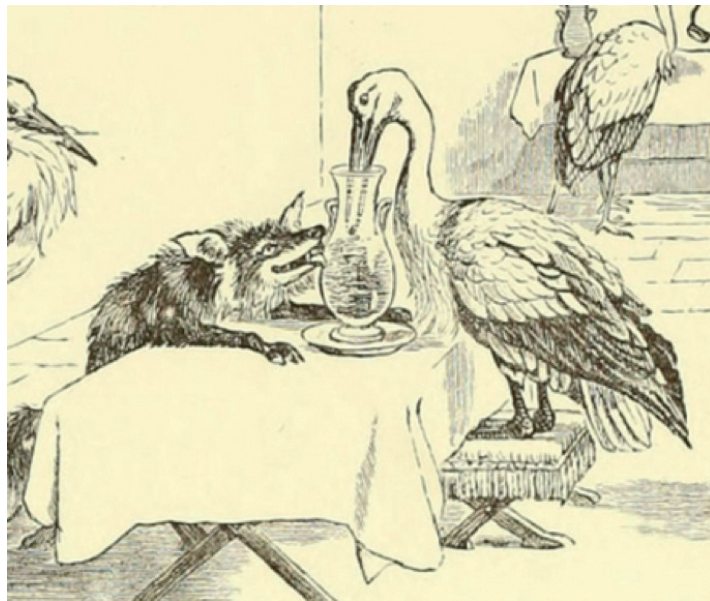
The Saint Mary's Sexual Assault Referral Centre
presents its 17th Annual Conference 2019

Open About Access:
*Making sure rape and sexual assault services
are available to all*

Tuesday April 30th and Wednesday May 1st
The Midland Hotel, Peter Street, Manchester M60 2DS

Faculty of Forensic and Legal Medicine

12 CPD points



The Saint Mary's Sexual Assault Referral Centre is a pioneering collaborative venture which provides a comprehensive and co-ordinated forensic, medical, counselling and aftercare service to women, men and children living in Greater Manchester and Cheshire. The service is available to those who have experienced rape or sexual assault, whether this has happened recently or in the past. Established in 1986, the Centre is recognised nationally and internationally as a model of good practice in providing immediate one-stop services to adults of all ages. To date we have provided services to over 29,000 clients. Since the Saint Mary's Children's SARC opened in 2006, the Centre has seen 7,108 children to date.

Saint Mary's Centre 17th Annual Conference 2019

Academic posters

Presenters will be available to discuss the content of their posters during the morning break of the first day

- 1. Prevalence of anal injuries following an allegation of anal penetration versus an allegation of vaginal penetration: in clients attending Saint Mary's Sexual Assault Referral Centre**
Ms. Rachel Cash, Medical Student, Manchester Medical School; Dr. Rabiya Majeed-Ariss, Research Associate, Saint Mary's SARC; Dr. Helen Mills, Senior Forensic Physician, Saint Mary's Sexual Assault Referral Centre
- 2. Sexual assault among men who have sex with men (MSM): associations with drug use and chemsex**
Dr. Chris Fine, FY1, East Lancs; Dr. Chris Ward, Consultant Physician Genitourinary Medicine, Manchester University NHS Foundation Trust
- 3. Are there any patterns in the types of sexual assault experienced by clients with learning disabilities presenting to Saint Mary's Sexual Assault Referral Centre?**
Ms Lucy Higgins, Medical Student, Manchester Medical School; Dr Rabiya Majeed-Ariss Research Associate, Saint Mary's SARC; Mr Pablo M Rodriguez, Volunteer Research Assistant, Saint Mary's SARC; Dr Catherine White, Clinical Director, Saint Mary's SARC
- 4. Elderly sexual abuse: Describing sexual assault in clients over 70 attending Saint Mary's SARC between 2007-2017**
Ms Jessica A. Lee, Medical Student, Manchester Medical School; Dr Rabiya Majeed-Ariss, Research Associate, Saint Mary's SARC; Dr Amanda Pedersen, Senior Clinical Teaching Fellow, Salford Royal NHS Foundation Trust; Dr Farah Yusuf, Forensic Physician, Saint Mary's Sexual Assault Referral Centre; Dr Catherine White, Clinical Director, Saint Mary's SARC
- 5. The Experiences of Sexually Assaulted People Attending Saint Mary's Sexual Assault Referral Centre for a Forensic Medical Examination**
Ms Paige Lee, Forensic Psychology Student, University of Manchester; Dr Rabiya Majeed-Ariss, Research Associate, Saint Mary's SARC; Dr Tammi Walker, Reader in Forensic Psychology, University of Huddersfield; Dr Catherine White, Clinical Director, Saint Mary's SARC
- 6. Adult Sexual Assault Clients' Experiences of a Sexual Assault Referral Centre: A Qualitative Study**
Ms Rebecca Riley, Forensic Psychology Student, University of Manchester; Dr Tammi Walker, Reader in Forensic Psychology, University of Huddersfield; Dr Rabiya Majeed-Ariss, Research Associate, Saint Mary's SARC; Dr Catherine White, Clinical Director, Saint Mary's SARC
- 7. Teens' experiences following sexual assault: barriers to disclosure**
Ms. Tamar Shibolet, PhD Candidate, Birmingham City University; Dr. Annalise Weckesser, Senior Research Fellow, Birmingham City University; Dr. Jonathan Ross, Consultant Physician, University Hospital Birmingham NHS Foundation Trust; Dr. Rachel Caswell, Consultant HIV and Sexual Health Medicine, University Hospital Birmingham NHS Foundation Trust.
- 8. The Importance of Time Elapsed since an Episode of Alleged Child Sexual Abuse in the Discovery of Positive Findings on later Examination**
Dr Linda Teebay, Forensic Medical Examiner, Saint Mary's SARC; Ms Emily Wooley, Medical Student, University of Liverpool

Saint Mary's Sexual Assault Referral Centre

17th Annual Conference 2019
The Midland Hotel, Manchester

Welcome to Saint Mary's 17th Annual Conference

Open about access:

Making sure rape and sexual assault services are accessible to all

"All animals are equal, but some animals are more equal than others."

Orwell's famous line from Animal Farm would seem to have parallels with victims of sexual assault.

As SARCs (and sexual assault services in general) are becoming better established across the UK perhaps now is a good time to reflect on their effectiveness in terms of accessibility and responsiveness to the populations they serve.

We know that many victims of sexual violence do not report what has happened to them. We know that those who do make an initial report have varying take up rates of aftercare services and progression through the criminal justice system.

So the challenge to us all working in this field is in two parts:

- Why don't we see some groups of people and how can we reach out to them in an effective manner?
- Of those that we do see, are we able to respond to their individual needs or is it a case of one size fits all?

Some victims are hidden and silent, others we are blind and deaf to: either way change is required.

Over the next two days we will consider some of the groups that tend not to receive the help they need and for whom access to justice is an unlikely outcome. Whilst many of the solutions will require change at an organisational level I have also asked our speakers for suggestions that we can own individually. We all have the power to make a difference. We all have a duty to make a difference. We can be the difference.

Once again I am grateful to the host of excellent speakers who will share their thoughts and experience on these issues. May I extend a warm welcome to all the delegates and thank you for taking the time out of busy schedules to listen, reflect and share your own thoughts and views. Thanks are also due to our sponsors who help support this event and of course a huge thanks to all those involved in the organisation of this conference. Lastly, a special thanks to all the Saint Mary's SARC staff, at the Saint Mary's Centre and SAFEPlace Merseyside who are working hard to keep the service running whilst we are here.

Dr Catherine White OBE, Clinical Director, Saint Mary's Assault Referral Centre

April 2019

Saint Mary's Centre 17th Annual Conference 2019

Open About Access:

Making sure rape and sexual assault services are available to all

Tuesday April 30th and Wednesday May 1st

The Midland Hotel, Peter Street, Manchester

DAY ONE: Tuesday April 30th	
08.30 – 09.00	Registration and refreshments
09.00 – 09.05	St Mary's Centre Welcome and housekeeping Rachel Coppock, Directorate Manager, Saint Mary's SARC
Session one	Chair: Kathy Cowell OBE DL, Chairman of Manchester University NHS Foundation Trust
09.05 – 09.20	Opening address John Amaechi OBE, Organisational Psychologist, CEO APS
09.20 – 09.45	Knocking down walls Dr Catherine White OBE, Clinical Director, Saint Mary's SARC
09.45 – 10.10	Rape as a weapon of war Lejla Damon, Warchild, Remembering Srebrenica & Dr Farah Yusuf, Forensic Physician, Saint Mary's SARC
10.10 – 10.35	Sexual Violence in Prisons. How should victims be helped? Lorraine Atkinson, Senior Policy Officer, The Howard League
10.35 – 10.45	Questions
10.40 – 11.00	Coffee & Academic Posters
Session two	Chair: Chris McLoughlin, Non-Executive Director, Manchester University NHS Foundation Trust and Director of Children's Services, Stockport
11.00 – 11.30	Caring for the carers; Protecting against Vicarious Trauma Dr Miranda Horvath, Associate Professor in Forensic Psychology, Middlesex University
11.30 – 11.50	Baroness Beverley Hughes Greater Manchester's Deputy Mayor for Policing, Crime, Criminal Justice and Fire
11.50 – 12.10	Elderly Victims of Sexual Violence: Do we see them? Do we help them? Dr Hannah Bows, Assistant Professor in Criminal Law, Durham University
12.10 – 12.15	Questions
12.15 – 13.00	Panel Discussion: Is it time up for juries in Rape Trials? Ann Coffey MP, HH Judge Potter; Martin Goldman Chief Crown Prosecutor, North West; Dr Dominic Willmott, Research Fellow, University of Huddersfield
13.00 – 14.00	Lunch
Session three	Chair: Professor Ian Wall, Visiting Professor, Teesside University
14.00 – 14.20	CSA: Seeing the whole of the picture Dr Michelle Cutland, Practice Improvement Advisor for Health, Centre of Expertise on Child Sexual Abuse
14.20 – 14.40	Update on The Lighthouse (London's Child House) Emma Harewood, Delivery and Service Manager, The Lighthouse
14.40 – 15.00	The effectiveness of SARCs: update on NIHR research Dr Lorna O'Doherty, Associate Professor, Coventry University & Dr Rebekah Shallcross, Research Fellow, Leeds University
15.00 – 15.10	Questions
15.15 – 17.15	Workshops
19.30	Pre-Conference Drinks Reception, The Midland Hotel
20.00	Conference dinner, The Midland Hotel After Dinner Speaker Professor Richard Shepherd, Forensic Pathologist and author of best-selling book, 'Unnatural Causes'

DAY TWO: Wednesday May 1st	
08.30 – 09.00	Registration and refreshments
Session four	<i>Chair: Karen Connolly, Chief Executive Officer, Saint Mary's Hospital Managed Clinical Service</i>
09.00 – 09.25	Assistant Chief Constable Mabs Hussain: Greater Manchester Police
09.25 – 09.45	Making services accessible to all: What is the role of NHS England? Kate Davies CBE, NHS England's Director of Health and Justice, Armed Forces and Sexual Assault Services Commissioning
09.45 – 10.10	The Homeless & the Hidden Problem of Sexual Violence. How can services help? Dr Ruth Thompson GP & Rachael Withey, Team Leader Homeless Team, Urban Village, Manchester
10.10 – 10.40	Breaking the vulnerability – victimisation cycle for repeat SARC attenders Dr Sam Warner, Chartered and consultant clinical psychologist, Honorary lecturer, School of Health and Society, Salford University
10.40 – 11.00	Questions
11.00 – 11.15	Coffee
Session five	<i>Chair: Jane Pilkington, Deputy Director Population Health, Greater Manchester Health & Social Care Partnership</i>
11.15 – 11.40	A Charter for Organisations: Engaging Abuse Survivors in Projects, Research & Service Development Concetta Perot, Director, Survivors Voices
11.40 – 12.00	Sex work and sexual violence: Breaking the barriers to access help & support Michelle Stoops, Service Lead, Red Umbrella @ Changing Lives
12.00 – 12.20	Voices of Survivors Dr Kate Cook, Head of the Sylvia Pankhurst Gender and Diversity Research Centre, Manchester Metropolitan University and Becky Clarke, Senior Lecturer, Sociology Department, Manchester Metropolitan University
12.20 – 12.40	Young people and consent to forensic examination Professor Emma Cave, Professor of Healthcare Law, Durham University
12.40 – 12.50	Questions
12.50 – 13.30	Lunch
13.30 – 15.30	Workshops
15.30 – 16.00	Feedback and closing remarks

This programme is subject to change

Workshops – FIRST HOUR

Day one: Tuesday April 30th

Workshops A-D:
15.15 – 16.15

Day two: Wednesday May 1st

Workshops A-D:
13.30 – 14.30

Workshop A	Location: Derby Suite
Title	Drug & Alcohol withdrawal in the SARC
Content	<i>Signs, symptoms and management</i>
Speakers	Professor Ian Wall, Visiting Professor, Teesside University
Chairs	Day 1 Dr Michelle Carroll & Dr Linda Teebay Day 2 Dr Helen Mills
Workshop B	Location: Chester Suite
Title	An Inspector Calls
Content	<i>Preparing for a SARC CQC & FSR inspection</i>
Speakers	Lynn Davinson, Children’s Services Manager, Care Quality Commission Miss June Guinness OBE, Policy Manager, Home Office Mr Graeme Willmott, Specialist Support to the Forensic Science Regulator, Home Office
Chairs	Day 1 Dr Helen Mills Day 2 Dr Rebecca Faulkner
Workshop C	Location: Lancaster Suite
Title	ISVAs & their clients
Content	<i>Examples of good practice in risk assessment & case management</i>
Speaker	Bernie Ryan OBE, Training and Development Director, LimeCulture
Chairs	Day 1 Lisa Waters & Helen Lomax Day 2 Helen Lomax & Nicola Kharadi
Workshop D	Location: Stanley Suite
Title	Making services accessible and acceptable to male victims
Content	<i>Male Standards and accreditation</i>
Speaker	Jo Seward, Operations Director, Lime Culture
Chairs	Day 1 Dr Caroline Jones Day 2 Lisa Waters

Workshops – SECOND HOUR

Day one: Tuesday April 30th

Workshops E-H:
16.15 – 17.15

Day two: Wednesday May 1st

Workshops E-H:
14.30 – 15.30

Workshop E	Location: Stanley Suite
Title	FFLM Forensic Specimens Update
Content	<i>An update on the January 2019 FFLM Recommendations for the Collection of Forensic Specimens</i>
Speakers	Dr Bernadette Butler, Academic Dean FFLM & Rachel Morgan, Forensic Reporting Scientist, Sexual Offences Scientific Lead, Cellmark Forensic Services
Chair	Day 1 Dr Helena Thornton Day 2 Dr Michelle Carroll
Workshop F	Location: Lancaster Suite
Title	Working with Intermediaries
Content	<i>Understanding the role of intermediaries in sexual assault cases</i>
Speakers	Professor Penny Cooper, Barrister and Researcher, 39 Essex Chambers, London & Institute for Criminal Policy Research & Dr Michelle Mattison, Associate Professor of Forensic Psychology, University of Chester
Chairs	Day 1 Tracy Wilson Day 2 Dr Caroline Jones & Evie McCulloch
Workshop G	Location: Chester Suite
Title	Are we as trauma-informed as we think we are?
Content	<i>A workshop exploring the trauma informed approach (TIA); what it means for all agencies working with survivors of sexual violence and beyond</i>
Speakers	Nicky Paris, Assistant Directorate Manager (counselling), Saint Mary's SARC & Liz Horan, Senior Counsellor, Saint Mary's SARC
Chair	Day 1 Esther Silva Day 2 Dr Rebecca Faulkner
Workshop H	Location: Derby Suite
Title	Smashing the forensic window
Content	<i>A workshop that looks at how professionals sometimes limit access to forensic medical examinations by wrongly interpreting guidelines</i>
Speakers	Dr Catherine White OBE, Clinical Director, Saint Mary's SARC
Chair	Day 1 Dr Helen Mills Day 2 Dr Tony Knight

This programme is subject to change

Saint Mary's SARC's Recent Publications

Majeed-Ariss R, Brockway A, Cook K & White C "Could do better": Report on the use of special measures in sexual offences cases [published online ahead of print April 09, 2019]. *Criminology and Criminal Justice*. DOI: 10.1177/1748895819840396

This article reports on the use of "special measures" in sexual offence cases within the context of the perennial problem of attrition within the criminal justice system. Sixty-one sexual offence witnesses were surveyed in this study about how they had decided to give evidence in court and what influenced this decision. This is the first time special measures including the remote live link have been evaluated from the witness' point of view. The witness' descriptions of their choices were analysed and three key themes were identified: 'Visibility', 'In the courtroom' and 'Use of live links'. The results highlight some problems with the practical implementation of using a combination of special measures in Manchester courts, despite this being permissible by the CPS. In particular, clients reported that they would have liked to use screens and live links in combination allowing them to give their evidence remotely while not being seen by the defendant or public gallery.

Manning D, Majeed-Ariss R, Mattison M & White C (2019). The high prevalence of pre-existing mental health complaints in clients attending Saint Mary's Sexual Assault Referral Centre: implications for initial management and engagement with the Independent Sexual Violence Advisor Service at the Centre. *Journal of Forensic and Legal Medicine*. 61, 102-107. DOI:10.1016/j.jflm.2018.12.001

The primary objective of this work was to identify the prevalence of self-reported pre-existing mental health complaints amongst adult clients who attended Saint Mary's Centre for a FME. The secondary objective was to consider levels of engagement with the centre's ISVA service by comparing clients who reported a mental health complaint to clients who did not. One-hundred and eighty sets of adult client's FME notes from 2016 were retrospectively analysed. 69% of clients reported a pre-existing mental health complaint. The time taken for clients to present to Saint Mary's Centre following a reported assault tended to be later for the clients with self-reported mental health problems than those without however there was no difference in the long-term engagement with the centre's ISVA service between the two groups. Prevalence of self-reported pre-existing mental health complaints is extremely high Saint Mary's Centre clients as compared to national and regional prevalence rates for mental health complaints in the general population. The vulnerability of this client group should be considered when they attend a SARC and support provided should be appropriate and accessible to their needs. Staff should have adequate training and supervision to be able to respond in this way.

Massey K, Essafi S, Horvath M & Majeed-Ariss R (In Press). Staff experiences of working in a Sexual Assault Referral Centre: the impacts and emotional tolls of working with traumatised people. *Journal of Forensic Psychiatry and Psychology*

This study considers the impacts on staff of supporting people who have reported sexual violence and attend a SARC. This paper focuses on the staff's perspectives of the stresses and emotional tolls they experience including the coping mechanisms they utilise. Semi-structured interviews were conducted with 12 staff and a focus group was held with a further four staff of Saint Mary's. The data was examined using thematic analysis. Findings indicated that staff experienced positive emotions connected to the meaningfulness of the work and team spirit as well as a range of unpleasant emotions. Staff also reported emotional numbing, in connection to the specificity, volume and sometimes unpredictable nature of the work. Staff's coping mechanisms focused on the supportive connection to family, nature, other team members and the value of clinical supervision.

Olsen A, Majeed-Ariss R, Teniola S and White C (2017). Improving service responses for people with learning disabilities who have been sexually assaulted: an audit of forensic services. *British Journal of Learning Disabilities*. 45, 238-45. DOI: 10.1111/bld.12200

People with learning disabilities are more likely to experience sexual abuse and less likely to access support than the general population. This study presents a service evaluation of Saint Mary's SARC's ability to provide meaningful support to people with learning disabilities. The service evaluation had two components: (i) A staff survey to elicit self-perception of the knowledge and skills required to support this population (ii) A patient notes audit to compare service delivered to patients with a learning disability to those without. Forty-two members of staff (75%+ response rate) completed the survey which found a lack of differentiation between learning disabilities and other types of neurodiversity. The majority of responders reported having enough knowledge about learning disabilities to do their job and feeling confident in their abilities. Nevertheless, all the staff reported that they would like more learning disability training. The patients' notes audit found people with learning disabilities accessed fewer follow-up care services than people without learning disabilities.



Forensic and Medical Examinations for Rape and Sexual Assault (FMERSA) 2020 Manchester

This two-module course presents doctors and nurses with the opportunity to train towards conducting forensic medical examinations of rape and sexual assault victims, under the direction of the UK's longest established sexual assault referral centre.

The course includes the medical, psychological, social and legal aspects of rape and sexual assault, focusing on the forensic medical examination, the collection of evidence, statement writing and testimony at court. The curriculum covered will help clinicians prepare to take the Membership or the Licentiate exam of the Faculty of Forensic and Legal Medicine.

Module One – Principles

This module provides a comprehensive introduction to the forensic medical examination, including classifying and documenting injuries. The wider criminal justice context of police and legal processes are also explored, as well as forensic science, ethics, child protection, statement writing, and social and psychological issues.

Module Two – Practice

This module provides a deeper level of detail around forensic medical and medico-legal aspects of work with rape and sexual assault. With a strong focus on the practical, the module includes paediatric examination and role of the professional witness. Further subjects include criminology, forensic odontology, effects of drugs and age, vulnerable adults, psychological effects and advanced legal issues including statement writing and court role play.

Dates for 2020

Module 1		Module 2	
Tuesday	January 14th	Tuesday	September 8th
Wednesday	January 15th	Wednesday	September 9th
Thursday	January 16th	Thursday	September 10th
Tuesday	March 10th	Tuesday	October 13th
Wednesday	March 11th	Wednesday	October 14th
Thursday	March 12th	Thursday	October 15th

For more information and to book your place on this course please contact:

stmarys.sarc@mft.nhs.uk

0161 276 6515



Cellmark is a leading ISO17025 accredited forensic science provider and a specialist in the forensic investigation of sexual offences. We operate one of the largest DNA profiling laboratories in the world and are contracted by the majority of police forces in the UK. With a long history of ISO17025 accreditation we have also been accredited to the Forensic Science Regulator's Codes of Practice and Conduct for forensic practitioners since 2012.

Cellmark has developed a tailored service for SARCs which includes forensic awareness training as well as DNA Environmental Monitoring (EM). Our service is designed to help ensure that the best results can be obtained from any forensic samples taken at SARCs, and to help SARCs meet the Regulator's proposed standards.

Please come and ask us about:

- Environmental Monitoring – under the proposed FSR Codes an EM programme will be required in all SARCs to monitor cleaning regimes and help prevent the possibility of sample contamination. We can help with establishing an EM programme, provide advice on cleaning to prevent DNA contamination, staff forensic awareness training, quarterly DNA testing of environmental swabs and provide easily understood EM DNA reports with clear advice and recommendations.
- FME Forensic Awareness Training – delivered by forensic scientists who are specialists in sexual offence investigations, our training sessions are designed to help you maintain your competence, understand how the FME's work impacts on case interpretation, and maximise the potential of any forensic evidence recovery.

Cellmark also provides bespoke forensic consultancy, a 24/7 out-of-hours telephone service for pre-submission advice and a staff elimination DNA profiling service.

If you would like help meeting the Forensic Science Regulator's proposed Codes of Practice please visit our stand at the Saint Mary's Centre 17th Annual Conference.

T: 01235 528609

sarc@cellmark.co.uk

www.cellmarkforensics.co.uk

Join the conversation
#stmarysconf2019

St Mary's Centre



Sexual Assault Referral Centre



Provided by Saint Mary's Hospital

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