**School Health Plan for the management of seizures**

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| **Pupil’s Name:** |  |
| **Nursery/School**  **College:** |  |

**Emergency Contact**

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| **Name:** | **Relationship:** | **Contact details:** |
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| **Consultant Paediatrician:** | **Paediatric Epilepsy Specialist Nurse:**  **Carolyn Taylor/Kirsty Carroll**  **Children’s Community Team - Manchester**  **Charlestown Road, Blackley** |
| **Tel No:** | **Tel No: 0161 741 2032** |

**Description of what usually happens during a seizure** (incl. triggers; length; frequency; recovery):

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**Activities and support that require special precautions (include water safety, road safety and heights)**

Pupils must have a spotter at the side of the pool (this must be an additional member of staff) when swimming with school

Pupils should avoid climbing heights whist on school premises

Road safety must be adhered to at all times

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| **Arrangements for school trips**  **Additional advice and support**  **First Aid:**   |  | | --- | | bd10265_ Stay Calm  bd10265_ Loosen any tight clothing around the neck  bd10265_ Protect the pupil from injury (remove sharp or hard objects from nearby or guide them away from danger if they are having a partial seizure   * Cushion the pupil’s head if they fall down   bd10265_ Aid breathing by gently placing the pupil on their side if they have fallen, after the seizure has stopped  bd10265_ Stay with a pupil until they are fully recovered  bd10265_ Constantly reassure the pupil throughout the seizure  bd10265_ If the pupil does not recover after 5 minutes dial 999 or administer Rescue Medication (i.e. Buccal Midazolam or Rectal Diazepam) if available  **Don’t……...**    bd10265_ Try to restrain the pupil having the seizure  bd10265_ Put anything in the pupil’s mouth or force between their teeth  bd10265_ Try to move the pupil unless he/she is in danger  bd10265_ Give the pupil anything to drink until he/she is fully recovered | |  | |
| **Describe what constitutes an emergency for the pupil and the action to be taken if this occurs:**   |  | | --- | | It is a medical emergency if the seizure for more than 5 minutes, an ambulance should be called.  An ambulance should also be called if an injury is sustained during the seizure; has breathing difficulties or inhales water. | | |
| **Follow up care:**   |  | | --- | | Do not move unless in immediate danger and it is safe to do so.  Place in a recovery position once the seizure is over.  Make comfortable and allow time to recover.  Give reassurance and allow to sleep if necessary.  Do not leave alone unless fully recovered.  Do not give anything to eat or drink until fully recovered.  After the seizure repeat any instructions or events that may have missed or misinterpreted. | | |
| **Parent/Guardian Consent:**  I understand that it is the judgment of the trained member of staff to follow the healthcare plan and accept their decisions are made with the child’s best interest, to maintain their safety whilst in attendance in nursery/school/college/respite/child minder.   |  | | --- | |  | | **This plan has been agreed by:**   |  |  |  | | --- | --- | --- | | **Epilepsy Specialist Nurse:** | Carolyn Taylor Team Leader (ANP) NMC No. 91DO714E  Kirsty Carroll 09H1646E | Signature and date: | | **Parent/Guardian:** |  |  | | **Education Staff** |  |  | | | |
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Annual updates by the School Health Team

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| **Date** | **Comments** | **Parents Signature** | **Nurse Signature** |
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The school health team are in no way responsible for the prescribing of regular medications or rescue treatment.

It is vital that if School Health or the Education Team have any concerns that they report the issues to the Children’s Epilepsy Team so that further assessment can be made.